

KCDA No. 45032

Oil Salad Canola Zero Trans Fat



Description

Sysco Classic clear canola salad oil with zero trans fat is a light all-purpose oil that lets the natural flavors of your foods come through. Use it for heart-healthy salad dressings, mayonnaise, pan and wok frying, sautéing and general baking.

- * One 35-pound container per case
- * Resealable plastic container maintains freshness and taste
- * Blends well with many different types of flavors, spices and herbs
- * Offers better cooking performance than soybean oil
- * Performs well for searing, light frying, high-heat cooking and baking
- * Only 7 percent saturated fats and no additives
- * Single tablespoon serving size, 1,134 servings per container
- * Ready to use for all applications directly from container
- * 270-day shelf life when stored between 35-80 F
- * Case measures 9 inches by 9.5 inches by 16 inches

Ingredients

Canola Oil.

Nutrition Facts

Serving Size 1 Tablespoon (14 grams)

Amount Per Serving

Calories **130**

% Daily Value*

Total Fat 14g	18%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Kosher	Yes
Gluten Free	Yes
Halal	NA
Vegetarian	NA
Vegan	NA
Without beef	NA
Without pork	NA
Organic	NA
Dietetic	NA
Diabetic	NA

School Meal Equivalents