

KCDA No. 45098

**Fast and Tasty**  
**As a hot snack or delicious meal- anytime.**

**RECOMMENDED COOKING DIRECTIONS**

 **1.** Fold back lid half way. Fill to inside line with boiling water.

 **2.** Close lid securely and let stand for 3 minutes.

 **3.** Remove lid, stir thoroughly and enjoy from cup.

 **CAUTION:** Product is hot; please handle with care especially when serving children.

**For best results, please use boiling water.** Partially produced with genetic engineering.

**QUALITY GUARANTEED**

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**Nutrition Facts**  
 Serving Size 1 Container (64g)  
 Servings Per Container 1

Amount Per Serving

**Calories 290** Calories from Fat 110

**% Daily Value\***

<b>Total Fat</b> 12g	<b>18%</b>
Saturated Fat 6g	<b>30%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 1,190mg	<b>50%</b>
<b>Total Carbohydrate</b> 39g	<b>13%</b>
Dietary Fiber 2g	<b>8%</b>
Sugars 2g	
<b>Protein</b> 7g	
Vitamin A 2% • Vitamin C **	
Calcium ** • Iron 15%	

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs;

Calories:	2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

**INGREDIENTS:** ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: CANOLA, COTTONSEED, PALM) PRESERVED BY TBHQ, SALT, DEHYDRATED VEGETABLES (CARROT, CORN, GREEN PEAS, GARLIC, ONION, CELERY STALK), CONTAINS LESS THAN 2% OF: MALTODEXTRIN, MONOSODIUM GLUTAMATE, SUGAR, HYDROLYZED CORN, WHEAT AND SOY PROTEIN, CHICKEN FAT, POWDERED COOKED CHICKEN, SPICES (CELERY SEED), YEAST EXTRACT, DEHYDRATED SOY SAUCE (WHEAT, SOYBEANS, SALT), POTASSIUM CARBONATE, SODIUM (MONO, HEXAMETA, AND/OR TRIPOLY) PHOSPHATE, SODIUM CARBONATE, TURMERIC, DISODIUM INOSINATE, DISODIUM GUANYLATE, SILICON DIOXIDE (ANTI-CAKING AGENT), LACTOSE, CHICKEN BROTH, SOYA LECITHIN. **CONTAINS WHEAT, SOY AND MILK INGREDIENTS. MANUFACTURED IN A FACILITY THAT ALSO PROCESSES CRUSTACEAN SHELLFISH PRODUCTS.**

**Maruchan, INC.** IRVINE, CA 92618  
**MADE IN U.S.A.**  
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\*\*Contains less than 2% of the Daily Value of this nutrient.