

# KCDA No. 45370

## Grain Craft - All Purpose Flour

### Nutrition Information

350 Calories per serving

Serving size 100g (100g)

<b>Total Fat 1g</b>	<b>1%</b>
Saturated Fat 0g	1%
Trans Fat	
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<b>Cholesterol 0mg</b>	<b>0%</b>
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<b>Sodium 0mg</b>	<b>0%</b>
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<b>Total Carbohydrate 74g</b>	<b>27%</b>
Dietary Fiber 2g	7%
Total Sugars	
Includes NA	NA%
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<b>Protein 10g</b>	<b>21%</b>
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<b>Vitamin D NA</b>	<b>NA%</b>
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<b>Calcium 16mg</b>	<b>2%</b>
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<b>Iron 4.40mg</b>	<b>25%</b>
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<b>Potassium NA</b>	<b>NA%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.