

KCDA No. 45761

Nutrition Facts

about 6 servings per container

Serving size 3 pieces (58g)

Amount Per Serving

Calories 210

% Daily Value*

Total Fat 1g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 43g 16%

Dietary Fiber 2g 8%

Total Sugars 2g

Includes 0g Added Sugars 0%

Protein 7g

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 2mg 10%

Potassium 130mg 3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.