

KCDA No. 48205

Nutrition Facts Serving size 1/2 Cup (120g) Calories per serving	15	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">Amount/serving</th> <th style="text-align: right;">% Daily Value*</th> <th style="text-align: left;">Amount/serving</th> <th style="text-align: right;">% Daily Value*</th> </tr> </thead> <tbody> <tr> <td>Total Fat 0g</td> <td style="text-align: right;">0%</td> <td>Total Carbohydrate 3g</td> <td style="text-align: right;">1%</td> </tr> <tr> <td>Saturated Fat 0g</td> <td style="text-align: right;">0%</td> <td>Dietary Fiber 1g</td> <td style="text-align: right;">4%</td> </tr> <tr> <td><i>Trans Fat</i></td> <td></td> <td>Total Sugars</td> <td></td> </tr> <tr> <td>Cholesterol 0mg</td> <td style="text-align: right;">0%</td> <td>Includes 0g Added Sugars</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Sodium 290mg</td> <td style="text-align: right;">13%</td> <td>Protein 1g</td> <td></td> </tr> <tr> <td>Vitamin D 0mcg</td> <td style="text-align: right;">0%</td> <td>• Calcium 29mg</td> <td style="text-align: right;">2%</td> </tr> <tr> <td>Potassium 70mg</td> <td style="text-align: right;">1%</td> <td>• Iron 1.00mg</td> <td style="text-align: right;">6%</td> </tr> </tbody> </table>	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*	Total Fat 0g	0%	Total Carbohydrate 3g	1%	Saturated Fat 0g	0%	Dietary Fiber 1g	4%	<i>Trans Fat</i>		Total Sugars		Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	Sodium 290mg	13%	Protein 1g		Vitamin D 0mcg	0%	• Calcium 29mg	2%	Potassium 70mg	1%	• Iron 1.00mg	6%	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
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