

**KCDA No. 45644**

### Ingredients

Ingredients: Unbleached Enriched Flour (wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate {vitamin B1}, Riboflavin {vitamin B2}, Folic Acid), Palm Oil, Soybean And/or Canola Oil, Whey (from Milk), Sugar, Cheddar Cheese Powder (pasteurized Milk, Cheese Cultures, Salt, Enzymes), Leavening (calcium Phosphate, Baking Soda), Salt, Sodium Phosphate, Natural Flavor, Yeast Extract, Soy Lecithin, Cornstarch, Turmeric And Annatto Extracts (for Color).contains: Wheat, Milk, Soy.may Contain: Peanut.

#### △ Contains

Milk, Soy, Wheat

#### △ May contain

Peanuts

#### ✓ Free from

NA

### Nutrition Information

**150 Calories per serving**

**Serving size 1 Serving (28g)**

<b>Total Fat 8g</b>	<b>10%</b>
Saturated Fat 3g	15%
Trans Fat	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 120mg</b>	<b>5%</b>
<b>Total Carbohydrate 17g</b>	<b>6%</b>
Dietary Fiber 0g	0%
Total Sugars	
Includes 2g	4%
<b>Protein 2g</b>	<b>4%</b>
<b>Vitamin D 0.0mcg</b>	<b>0%</b>
<b>Calcium 50mg</b>	<b>4%</b>
<b>Iron 0.80mg</b>	<b>4%</b>
<b>Potassium 70mg</b>	<b>1%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.