

Ingredients

Ingredients: Whole Wheat Flour, Sugar, Enriched Flour (wheat Flour, Niacin, Reduced Iron, Vitamin B1 [thiamin Mononitrate], Vitamin B2 [riboflavin], Folic Acid), Corn Syrup, Dextrose, Soybean And Palm Oil, Bleached Wheat Flour, Polydextrose, Glycerin.

Contains 2% Or Less Of Maltodextrin, Molasses, Calcium Carbonate, Leavening (sodium Acid Pyrophosphate, Baking Soda), Wheat Starch, Salt, Cinnamon, Sodium Stearoyl Lactylate, Datem, Gelatin, Xanthan Gum, Niacinamide, Reduced Iron, Vitamin A Palmitate, Vitamin B6 (pyridoxine Hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin Hydrochloride), Soy Lecithin.

△ Contains

Soy, Wheat

✓ Free from

NA

Nutrition Information

KCDA No. 47631

170 Calories per serving

Serving size 1 Serving (48g)

Total Fat 3g	4%
Saturated Fat 1g	5%
Trans Fat	
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Cholesterol 0mg	0%
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Sodium 120mg	5%
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Total Carbohydrate 37g	13%
Dietary Fiber 3g	11%
Total Sugars	
Includes 15g	30%
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Protein 2g	4%
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Vitamin D 0mcg	0%
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Calcium 130mg	10%
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Iron 1.80mg	10%
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Potassium 70mg	1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

School Nutrition Information

"I certify that the above information is true and correct and that a 1.69 ounce portion of this product (ready for serving) provides 1.25 oz. eq. grains. I further certify that non-creditable grains are not above 0.24 oz eq. per pastry. Products with more than 0.24 oz. eq. or 3.99g for Groups A-G or

Disclaimer: This information is for reference only and not for documenting federal meal requirements. Please contact your Sysco representative with any inquiries related to school meal equivalency information.